

Listing of undesirable effects

Undesirable effects are listed according to their frequencies as follows:

Very common	(≥ 1/10)
Common	(≥ 1/100 to < 1/10)
Uncommon	(≥ 1/1 000 to < 1/100)
Rare	(≥ 1/10 000 to < 1/1 000)
Very rare	(< 1/10 000)
Not known	Frequency cannot be estimated from the available data

All reactions that are derived from post-marketing experience (spontaneous reports and literature) only are based on a patient population which is largely unknown. Therefore exact incidences cannot be provided and are referred to with the frequency 'not known'.

Blood and lymphatic system disorders

Common:

Heparin-induced thrombocytopenia type I

At the beginning of heparin therapy mild heparin-induced thrombocytopenia type I (platelet count 100 000 – 150 000 per microlitre), without thrombosis. The thrombocytopenia usually occurs within the first 5 days of treatment, and is probably due to a direct effect on platelets.

Not known:

Eosinophilia.

Nervous system disorders

Not known:

Permanent or temporary paralysis due to subarachnoid or epidural haematomas after neuraxial anaesthesia.

Toxic reactions due to benzyl alcohol.

Skin and subcutaneous tissue disorders

Uncommon:

Transient alopecia following long-term administration, skin necroses

Musculoskeletal and connective tissue disorders

Not known:

Osteoporosis (after long-term administration of heparin) (see also sections 4.4 and 4.6).

Endocrine disorders

Rare:

Hypoadosteronism, resulting in hyperkalaemia and metabolic acidosis, especially in patients with impaired kidney function and diabetes mellitus. See also section 4.4.

Vascular disorders

Very common:

Haemorrhage; see also sections 4.4 and 4.9.

Depending on the dose, increased incidence of bleeding from any organ or tissue.

General disorders and administration site conditions

Common:

Local tissue reactions at the injection site, such as induration, redness, discolouration, and minor haematomas

Immune system disorders

Uncommon:

Allergic reactions of all types and severities, with various manifestations (e.g. urticaria, pruritus, dyspnoea, bronchospasm, hypotension).

Rare:

- Allergic reactions to benzyl alcohol
- Severe heparin-induced, antibody-mediated thrombocytopenia (Heparin-induced thrombocytopenia type II, details see below)

Very rare:

- Anaphylactic shock especially in sensitized patients having previously received heparin
- Onset of type II thrombocytopenia with a delay of up to several weeks after the end of heparin administration.

Not known:

- Type IV hypersensitivity reaction (e.g. skin lesions, erythematous papules and plaques located at injection site) which may occur with a latency of up to several months

Hepatobiliary disorders

Very common:

Hepatic enzymes increased (increases of the serum concentrations of transaminases (AST, ALT), gamma-glutamyl transpeptidase, lactate dehydrogenase and lipase, possible resulting in increased free fatty acids). These reactions are, however, reversible.

Reproductive system and breast disorders

Very rare:

Priapism.

Information on particular undesirable effects

Heparin induced thrombocytopenia type II

Severe heparin-induced, antibody-mediated thrombocytopenia (type II thrombocytopenia, HIT II), is characterised by platelet counts markedly below 100 000 per microlitre or a rapid decrease to less than 50 per cent of the initial value and accompanied by arterial or venous thromboses or embolism, consumption coagulopathy, skin necroses at the site of injection. The anticoagulatory effect of heparin may be reduced.

In patients without pre-existing hypersensitivity to heparin the decrease of the platelet count typically begins between 5 to 14 days after commencement of the heparin therapy. In patients with existing antibodies to heparin such decrease may begin already after a few hours. The greater the degree of trauma and thus the release of PF4, the more likely patients went on to develop HIT antibodies and clinical HIT.

As soon as type II thrombocytopenia occurs, heparin administration must be discontinued immediately. Emergency treatment depends on the nature and severity of the symptoms. Re-exposure of the patient to parenteral heparin is absolutely contraindicated.

Patients undergoing extracorporeal circulation.

Principally the same ADRs that occur in other patients might occur. Haemodialysis patients might be at an increased risk for developing anaphylactic or anaphylactoid reactions.

4.9 Overdose

Symptoms

Bleeding, in most cases from the skin, mucous membranes, wounds, in the gastro-intestinal tract, the urinary tract, and the genital tract. Bleeding complications may also affect organs, e.g. brain and lungs. Drop of blood pressure, decrease of the haematocrit, or other symptoms may indicate concealed bleeding.

Treatment

Mild or moderate, not life-threatening bleeding

Heparin should be discontinued.

Severe life-threatening bleeding

After exclusion of other causes such as deficiency of coagulation factors or consumption coagulopathy administration of protamine to abolish the heparin effect.

Protamine should be given with great caution and for life-threatening haemorrhage only, because complete neutralisation of heparin will be associated with an increased risk of thrombosis.

The serum half-life and the route of administration of heparin should be considered.

Protamine is eliminated from the circulation more rapidly than heparin. The efficacy of neutralisation is to be controlled by determinations of aPTT. Heparin is not dialysable.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group:

Anti-thrombotic agents, heparin group, ATC code B01A B01.

Mechanism of action, therapeutic effect

Heparin is an acidic and polydisperse polysaccharide. Due to its negative charge it forms complexes with certain proteins, changing their biological activities. In particular, antithrombin III (AT) is activated by a factor of about 1 000 by complex formation with heparin. Only approximately one-third of an administered heparin dose bind to antithrombin III (AT) resulting in a complex, and this fraction is responsible for its anticoagulant effect. The remaining two-thirds have minimal anticoagulant activity (about 15 %) at therapeutic concentrations, but when concentrations are higher than those in the therapeutic range, both high-affinity and low-affinity heparin catalyze the antithrombotic effect of heparin cofactor II (HC II).

Activated antithrombin inhibits various serine proteases, among these the coagulation factors XIIa, XIa, Xa, IXa, VIIa, and IIa. Factor VIIa is only moderately sensitive, IIa (thrombin) and Xa, in contrast, are highly sensitive to the action of the AT-heparin complex. Low heparin doses predominantly accelerate the inactivation of factor Xa. This explains the efficacy of low dose heparin in the prophylaxis of thromboembolism. The anticoagulatory effect of heparin depends on the concentrations of antithrombin and of fibrinogen. Higher heparin doses inactivate thrombin formed in excess and thus prevent the formation of fibrin from fibrinogen. Heparin also affects the platelet function.

Certain substances contained in platelets (platelet factor 4) neutralise heparin.

Heparin is known to activate plasma lipoprotein lipase (see section 4.5). Effect on bone formation: Independently of its anticoagulant activity heparin has been shown to suppress osteoblast formation and activates osteoclasts.

Paediatric population

Plasma concentrations of antithrombin are physiologically low at birth (approximately 0.5 IU/ml) and do not increase to adult values until 3 months of age. Besides the need for increased doses in children, physiologically decreased antithrombin during the first months of life may limit the UFH effectiveness, as well as disease states that further decrease plasma concentrations of AT (i.e. nephrotic syndrome, liver cirrhosis, L-asparaginase treatment for acute lymphoblastic leukaemia), and increased plasma concentrations of acute phase proteins that bind heparin.

The capacity of plasma from neonates to generate thrombin is both delayed and decreased compared to that in adults, and is similar to plasma from adults receiving therapeutic amounts of heparin. Following infancy, the capacity of plasma to generate thrombin increases but remains approximately 25 % less than for adults throughout childhood (See also section 4.2).

5.2 Pharmacokinetic properties

Absorption

Because of its high relative molecular mass and its negative surface charge heparin is not absorbed from the intestine, but intake by parenteral route (i.v. or s.c.) or inhalation is possible.

Bioavailability

When given by intravenous injection the effect of heparin sets on immediately after administration.

Once administered s.c. heparin follows non-linear kinetics, as there is a combination of saturable and non-saturable mechanisms of clearance. This effect thereby reduces the unbound fraction of heparin and also heparin's anticoagulant activity at low concentrations. Additionally, binding of heparin to Von-Willebrand-factor inhibits platelet function. The bioavailability of subcutaneously administered heparin is dose-dependent. The bioavailability of the anti-factor Xa activity increases with the dose delivered and tends from approximately 30 % with low doses toward 100 % at high doses. Therefore after subcutaneous injection, the onset of the heparin effect is delayed for approximately 0.5-1 hour after administration.

If an immediate anticoagulant effect is required, the initial dose administered s.c. should be accompanied by an i.v. bolus injection.

Distribution

Heparin is strongly bound to plasma proteins (LDL, globulins, in particular AT and fibrinogen). Therefore the distribution volume is generally limited to the plasma volume. This is also valid for adults undergoing dialysis; here the volume of distribution has been reported to be approx. 0.07 l/kg.

Biotransformation and elimination

After parenteral administration heparin is eliminated from the blood through a combination of rapid saturable mechanism of zero-order and much slower first-order mechanism. The saturable phase of heparin clearance is attributed to binding to the reticulo-endothelial system (e.g. endothelial cell receptors, macrophages), where it is internalized and depolymerised followed by its degradation in the liver by heparinases and urinary excretion mainly in the form of depolymerized inactivated heparin. The interindividual half-life has been reported to be approximately 1 – 2 hours. It depends on the actual dose administered, on liver and kidney function and on accompanying diseases.

5.3 Preclinical safety data

Non-clinical data reveal no special hazard for humans based on conventional data of safety pharmacology, repeated dose toxicity, genotoxicity, carcinogenicity, toxicity to reproduction and development.

In animal studies only effects have been observed that have already been described also for humans in section 4.8, such as osteoporosis and bleeding.

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Benzyl alcohol (antimicrobial preservative), 12.5 mg/ml

Hydrochloric acid (for pH adjustment)

Sodium chloride

Sodium hydroxide (for pH adjustment)

Water for injections

6.2 Incompatibilities

Heparin forms salts with alkaline drug substances (tricyclic psychotropic agents, antihistamines, or quinine) leading to mutual weakening of their effects.

Heparin is incompatible with many injectable preparations e.g. some antibiotics, opioid analgesics and antihistamines.

This medicinal product must not be mixed with other medicinal products except those mentioned in section 6.6.

6.3 Shelf life

Unopened

3 years

After first opening the container

A vial can be stored for up to 14 days following first withdrawal, provided the solution is withdrawn under strictly aseptic conditions. The date of first opening must be noted on the label.

After dilution according to directions

Dilutions with the solutions stated in section 6.6 are chemically and physically stable at room temperature for 48 hours.

From a microbiological point of view, dilutions should be used immediately. If not used immediately, in-use storage times and conditions prior to use are the responsibility of the user.

6.4 Special precautions for storage

Do not store above 30°C.

Do not freeze.

For storage conditions after dilution of the medicinal product, see section 6.3.

6.5 Nature and contents of container

Glass vials (type II Ph. Eur.) sealed with a rubber stopper.

Content:

5 ml

Pack sizes:

10 x 5 ml

6.6 Special precautions for disposal and other handling

No special requirements for disposal.

Do not administer if solution shows signs of deterioration, i.e. turbidity, precipitate or discoloration, or if the container is damaged.

For intravenous infusion, Heparin Sodium may be diluted with the following solutions for infusion:

- Sodium chloride 9 mg/ml solution for infusion
- Glucose 50 mg/ml or 100 mg/ml solution for infusion
- Ringer's solution for infusion.

Dilutions with these solutions are stable at room temperature for 48 hours.

7 DATE OF REVISION OF THE TEXT

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